Table of Contents

Pt. I. Anatomy of the Upper Extremity
1. Atlas on regional anatomy of the neck, axilla, and upper extremity
   James M. Hunter
2. Surface anatomy of the upper extremity
   Neal E. Pratt
3. Anatomy and kinesiology of the hand
   Robert A. Chase
4. Anatomy and kinesiology of the wrist
   Richard A. Berger
5. Anatomy and kinesiology of the elbow
   Stuart D. Patterson
6. Anatomy and kinesiology of the shoulder
   George P. Bogumill

Pt. II. Evaluation
7. Upper quarter screen
   Philip McClure
8. Clinical examination of the hand
   Pat L. Aulicino
9. Diagnostic imaging of the upper extremity
   John S. Taras, Mark E. Schweitzer
10. Clinical interpretation of nerve conduction studies and electromyography of the upper extremity
    Glenn A. Mackin
11. Range-of-motion measurement of the hand
    Catherine A. Cambridge-Keeling
12. Edema: therapist's management
    June P. Villeco, Evelyn J. Mackin, James M. Hunter
13. Sensibility testing with the Semmes-Weinstein monofilaments
    Judith A. Bell-Krotoski
14. Sensibility assessment for nerve lesions-in-continuity and nerve lacerations
    Anne D. Callahan
15. Biomechanics and evaluation of the hand
    Judith A. Bell-Krotoski, Donna E. Breger-Stanton
16. Documentation: essential elements of an upper extremity assessment battery
    Elaine Ewing Fess
17. Outcome measurement in the upper extremity
    Joy C. MacDonald
18. Impairment evaluation
    Lawrence H. Schneider

Pt. III. Wound Management
19. Wound classification and management
    Roslyn B. Evans, John A. McAuliffe
20. Care of the hand wound
    Kevin L. Smith, James L. Price, Jr.
21. Management of skin grafts and flaps
    L. Scott Levin, Gregory J. Moorman, Lior Heller

Pt. IV. Infections
22. Common infections in the hand
    Ross Nathan, John S. Taras

Pt. V. Fractures and Joint Injuries to the Hand
23. Fractures: general principles of surgical management
    Paul N. Krop
24. Management of nonarticular fractures of the hand
    Beth A. Purdy, Robert Lee Wilson
25. Management of joint injuries and intraarticular fractures
    Peter J. Campbell, Robert Lee Wilson

Pt. VI. Tendon Injuries
26. Primary care of flexor tendon injuries
Randall W. Culp, John S. Taras

27. Postoperative management of flexor tendon injuries
   Karen M. Stewart Pettengill, Gwendolyn van Strien

28. Tenolysis: dynamic approach to surgery and therapy
   Lawrence H. Schneider, Sheri B. Feldscher

29. Staged flexor tendon reconstruction
   James M. Hunter

30. The extensor tendons: anatomy and management
   Erik A. Rosenthal

31. Clinical management of extensor tendon injuries
   Roslyn B. Evans

Pt. VII. Acute Nerve Injuries

32. Nerve response to injury and repair
   Kevin L. Smith

33. Therapist’s management of peripheral-nerve injuries
   Terri M. Skirven, Anne D. Callahan

34. Splinting the hand with a peripheral-nerve injury
   Judy C. Colditz

35. Sensory reeducation
   Elaine Ewing Fess

Pt. VIII. Compression Neuropathies

36. Carpal tunnel syndrome
   Edward P. Hayes, Karen Carney, Jennifer Moriatis Wolf

37. Therapist’s management of carpal tunnel syndrome
   Roslyn B. Evans

38. Diagnosis and management of cubital tunnel syndrome
   George E. Omer

39. Therapist’s management of ulnar nerve neuropathy at the elbow
   Susan M. Blackmore

40. Radial tunnel syndrome
   Erich E. Hornbach, Randall W. Culp

41. Therapist’s management of radial tunnel syndrome
   Christina D. Alba

Pt. IX. Brachial Plexopathies

42. Thoracic outlet syndrome: a brachial plexopathy
   Stephan H. Whitenack, James M. Hunter, Richard L. Read

43. Entrapment neuropathies of the brachial plexus and its terminal nerves: Hunter traction tests for differential diagnosis
   James M. Hunter, Stephan H. Whitenack

44. Therapist’s management of brachial plexopathies
   Mark T. Walsh

45. Rationale and indications for the use of nerve mobilization and nerve gliding as a treatment approach
   Mark T. Walsh

Pt. X. Surgical Reconstruction for Nerve Injuries

46. Mechanics of tendon transfers
   Paul W. Brand

47. Tendon transfers: an overview
   Lawrence H. Schneider

48. Preoperative and postoperative management of tendon transfers after median- and ulnar-nerve injury
   Judith A. Bell-Krofiiski

49. Preoperative and postoperative management of tendon transfers after radial nerve injury
   C. Christopher Reynolds

50. Tendon transfers for brachial plexus palsies
   Scott H. Kozin, Roberta Ciocco, Terry Speakman

51. Rehabilitation of the hand and upper extremity in tetraplegia
   Allan E. Peljovich, Kevin Kucera, Eduardo Gonzalez-Hernandez

Pt. XI. Vascular and Lymphatic Disorders

52. Vascular disorders of the upper extremity
   John S. Taras, Mark S. Lemel, Ross Nathan

53. Manual edema mobilization: treatment for edema in the subacute hand
   Sandra M. Artzberger

54. Management of breast cancer-related edemas
   Linda T. Miller

Pt. XII. Soft Tissue Conditions

55. Surgeon’s and therapist’s management of tendonopathies in the hand and wrist
56. Soft tissue tumors of the forearm and hand  
David C. Bush

57. Dupuyten's disease  
Robert M. McFarlane, Joy C. MacDermid

Pt. XIII. Cumulative Trauma Disorders

58. Cumulative trauma disorders: fact or fiction  
Peter A. Nathan, Kenneth D. Meadows

59. Approach to management of work-related musculoskeletal disorders  
Ann E. Barr

60. Therapist's evaluation and treatment of upper extremity cumulative trauma disorders  
Mary C. Kasch

Pt. XIV. Stiffness of the Hand

61. Therapist's management of the stiff hand  
Judy C. Colditz

62. Surgical management of the stiff hand  
Peter C. Innis

63. Postoperative management of metacarpophalangeal joint capsulectomies  
Nancy M. Cannon


64. Psychologically based hand disorders  
Paul W. Brown

65. Psychologic effects of upper extremity disorders  
Brad K. Grunert, Cecilia A. Devine

Pt. XVI. Common Wrist Injuries

66. Clinical examination of the wrist  
Terri M. Skirven, A. Lee Osterman

67. Introduction to distal radium fractures  
Jinsong Wang, Jesse B. Jupiter

68. The distal radioulnar joint  
Gary K. Frykman, Barry E. Watkins

69. Therapist's management of distal radius fractures  
Georgiann F. Laseter

70. Ulnar wrist pain and impairment: a therapist's algorithmic approach to the triangular fibrocartilage complex  
Paul C. LaStayo

71. Management of carpal fractures and dislocations  
Paul C. Dell, Ruth B. Dell

72. Management of carpal instability  
Thomas W. Wright, Susan L. Michlovitz

73. Wrist reconstruction: salvage procedures  
John M. Bednar, Cornelia Von Lersner-Benson

Pt. XVII. Common Elbow Injuries

74. Diagnosis and management of common shoulder problems  
Jeffrey M. Chase, Barbara G. Frieman, John M. Fenlin, Jr.

75. Management of fractures and dislocations of the elbow  
Pedro K. Beredjiklian

76. Therapist's management of fractures and dislocations of the elbow  
Sylvia A. Davila

77. Therapist's management of the stiff elbow  
Annabel J. Griffith

78. Elbow tendinitis  
Thomas G. Wadsworth

79. Therapist's management of elbow tendinitis  
Jane M. Fedorczyk

Pt. XVIII. Common Shoulder Conditions

80. Common nerve injuries about the shoulder  
John M. Bednar, Raymond K. Wurapa

81. Clinical evaluation of the shoulder  
Martin J. Kelley

82. A functionally based neuromechanical approach to shoulder rehabilitation  
Sandy L. Burkart, William R. Post

Pt. XIX. Major Traumatic Conditions

83. Combined injuries of the hand  
Steven B. Huish, Brian J. Hartigan, Peter J. Stern

84. Therapist's management of the complex injury  
Karen M. Stewart Pettengill
86. The surgical and rehabilitative aspects of replantation and revascularization of the hand
   Neil F. Jones, James Chang, Parivash Kashani
87. Restoration of thumb function after partial or total amputation
   John Bucchieri, Bradley T. Poole, Christopher C. Schmidt
88. Aesthetic hand prosthesis: its psychologic and functional potential
   Jean Pillet, Evelyn J. Mackin

**Pt. XX.** Thermal and Electrical Injuries
89. Management of burns of the upper extremity
   Roger L. Simpson, Michael C. Gartner
90. Therapist’s management of the burned hand
   Laurie Grigby deLinde, Barbara Knothe
91. Acute care and rehabilitation of the hand after cold injury
   Forst E. Brown, Murray P. Hamlet, Lynne Feehan
92. Electrical injuries of the upper extremity
   Philip C. Marin, Michael S. Murphy

**Pt. XXI.** Rheumatoid Arthritis
93. Pathomechanics of deformities in the arthritic hand and wrist
   Steven Alter, Paul Feldon, Andrew L. Terrono
94. The rheumatoid thumb
   Andrew L. Terrono, Edward A. Nalebuff, Cynthia A. Philips
95. Therapist’s evaluation and conservative management of rheumatoid arthritis in the hand and wrist
   Jeanine Biese
96. Joint replacement in the rheumatoid hand: surgery and therapy
   John D. Lubahn, Terri L. Wolfe
97. Surgical treatment and rehabilitation of tendon ruptures in the rheumatoid hand
   John D. Lubahn, Terri L. Wolfe
98. Surgical and postoperative management of the rheumatoid shoulder
   Virak Tan, Brian G. Leggin, Gerald R. Williams, Jr.
99. Surgical and postoperative management of the rheumatoid elbow
   Diane M. Allen, James A. Nunley, Paul J. Bonzani

**Pt. XXII.** Osteoarthritis
100. Pathogenesis of osteoarthritis
    David J. Bozentka
101. Therapist’s management of osteoarthritis in the hand
    Jeanne L. Melvin

**Pt. XXIII.** The Other Arthritides
102. Systemic lupus erythematosus of the hand
    Jeanne L. Melvin
103. Scleroderma (systemic sclerosis): treatment of the hand
    Jeanne L. Melvin

**Pt. XXIV.** Pain
104. Reflex sympathetic dystrophy (complex regional pain syndromes - types 1 and 2)
    L. Andrew Koman, Beth Paterson Smith, Thomas L. Smith
105. Therapist’s management of complex regional pain syndrome (reflex sympathetic dystrophy)
    Mark T. Walsh, Elaine Muntzer
106. Pain management: principles of therapists’ intervention
    Jane M. Fedorczyk, Mary F. Barbe

**Pt. XXV.** Special Techniques of Therapists’ Intervention
107. Ultrasound and selected physical agent modalities in upper extremity rehabilitation
    Susan L. Michlovitz
108. Continuous passive motion for the upper extremity: why, when, and how
    Paul C. LaStayo, Robyn Cass
109. The use of biofeedback in hand rehabilitation
    Susan M. Blackmore, Diana A. Williams, Steven L. Wolf
110. Kinesio Taping
    Ruth A. Coopee

**Pt. XXVI.** Splinting: Principles and Techniques
111. The forces of dynamic splinting: ten questions before applying a dynamic splint to the hand
    Paul W. Brand
112. Principles and methods of splinting for mobilization of joints
    Elaine Ewing Fess
113. Serial plaster splinting
    Susan M. Tribuzi
114. Plaster cylinder casting for contractures of the interphalangeal joints
    Judith A. Bell-Krotocki
115. Soft splints: indications and techniques
    Jeanine Biese
116. Anatomic considerations for splinting the thumb
117. Functional fracture bracing
   Judy C. Colditz

Pt. XXVII. Pediatric Conditions

118. Management of congenital hand anomalies
   James H. Dobyns

119. Flexor tendon injuries and repair in children
   A. Lee Osterman, Nader Paksima

120. Splinting the hand of a child
   Patricia M. Byron

121. Digital lengthening through distraction
   Norman J. Cowen, Mary K. Sorenson

Pt. XXVIII. Geriatric Conditions

122. The geriatric hand patient: special treatment considerations
   Cynthia Cooper

Pt. XXIX. The Worker, Musician, and Athlete in a Hand Rehabilitation Setting

123. Analysis and design of jobs for control of work-related upper limb musculoskeletal disorders
   Sheryl S. Ulin, Thomas J. Armstrong

124. Upper extremity functional capacity evaluation
   Karen Schultz-Johnson

125. Work hardening and work conditioning
   Karen Schultz-Johnson

126. Upper extremity difficulties of instrumental musicians
   Richard N. Norris

127. Focal hand dystonia
   Nancy N. Byl, Michael M. Merzenich

128. Management of common sports injuries
   Heidi Hermann Wright, Arthur C. Rettig

129. Clinical validation of hand rehabilitation: evaluating published research
   Elaine Ewing Fess