

# Nursing Care Plans: Diagnoses, Interventions, and Outcomes

Gulanick, Meg PhD, APRN, FAAN

ISBN-13: 9780323065375

## Table of Contents

### Section 1: Using Nursing Care Plans to Individualize and Improve Care

### Section 2: Nursing Diagnosis Care Plans

Activity Intolerance

Ineffective Airway Clearance

Latex Allergy Response

Anxiety

Risk for Aspiration

Disturbed Body Image

Bowel Incontinence

Ineffective Breathing Pattern

Decreased Cardiac Output

Impaired Verbal Communication

Chronic Confusion

Constipation

Compromised Family Coping

Ineffective Coping

Impaired Dentition **NEW!**

Diarrhea

Disturbed Energy Field **NEW!**

Risk for Falls

Interrupted Family Processes

Fatigue

Fear

Deficient Fluid Volume

Excess Fluid Volume

Impaired Gas Exchange

Grieving

Complicated Grieving

Health-Seeking Behaviors

Ineffective Health Maintenance

Impaired Home Maintenance

Hopelessness

Hyperthermia

Hypothermia

Readiness for Enhanced Immunizations **NEW!**

Functional Urinary Incontinence

Reflex Urinary Incontinence

Stress Incontinence

Urge Urinary Incontinence

Risk for Infection

Insomnia

Decreased Intracranial Adaptive Capacity

Deficient Knowledge

Sedentary Lifestyle **NEW!**

Impaired Memory

Impaired Physical Mobility

Nausea

Noncompliance

Imbalanced Nutrition: Less Than Body Requirements

Imbalanced Nutrition: More Than Body Requirements

Impaired Oral Mucous Membrane

Acute Pain

Chronic Pain

Post-Trauma Syndrome **NEW!**

Powerlessness

Rape Trauma

Relocation Stress Syndrome **NEW!**

Self-Care Deficit

Situational Low Self-Esteem

Disturbed Sensory Perception: Auditory

Disturbed Sensory Perception: Visual

Ineffective Sexuality Patterns

Risk for Impaired Skin Integrity

Spiritual Distress

Impaired Swallowing

Ineffective Therapeutic Regimen Management

Impaired Tissue Integrity

Ineffective Tissue Perfusion: Peripheral, Cardiopulmonary, Cerebral

Urinary Retention

Dysfunctional Ventilatory Weaning Response

### **Section 3: Cardiac and Vascular Care Plans**

Acute Coronary Syndromes/Myocardial Infarction

Angina Pectoris, Stable

Aortic Aneurysm, Abdominal

Cardiac Rehabilitation

Coronary Bypass/Valve Surgery: Postoperative Care

Dysrhythmias

Heart Failure, Chronic/Cardiomyopathy

Hypertension

Mitral Valve Prolapse

Pacemaker/Cardioverter-Defibrillator

Percutaneous Balloon Valvuloplasty

Percutaneous Coronary Intervention: PTCA, Atherectomy, Stents, Cardiac Catheterization

Peripheral Arterial Bypass: Postoperative Care

Peripheral Arterial Occlusive Disease, Chronic

Pulmonary Edema, Acute

Pulmonary Hypertension **NEW!**

Shock, Anaphylactic

Shock, Cardiogenic

Shock, Hypovolemic

Shock, Septic

Deep Vein Thrombosis

Venous Insufficiency, Chronic

#### **Section 4: Pulmonary Care Plans**

Acute Respiratory Distress Syndrome (ARDS)

Asthma

Chest Trauma

Chronic Obstructive Pulmonary Disease (COPD)

Cystic Fibrosis **NEW!**

Head & Neck Cancer

Lung Cancer

Mechanical Ventilation

Near-Drowning\*

Obstructive Sleep Apnea

Pneumonia

Pneumothorax with Chest Tube

Pulmonary Thromboembolism

Respiratory Failure, Acute

Severe Acute Respiratory Syndrome (SARS)\*

Thoracotomy

Tracheostomy

Tuberculosis

### **Section 5: Neurologic Care Plans**

Alzheimer's Disease/Dementia

Amyotrophic Lateral Sclerosis (ALS)\*

Carpal Tunnel Syndrome **NEW!**

Cerebral Artery Aneurysm: Preoperative/Unclipped\*

Cerebrovascular Accident (CVA)

Craniotomy

Head Trauma

Headache: Migraine, Cluster, Tension, Sinus

Intracranial Infection

Low Back Pain/Herniated Intervertebral Disk

Lyme Disease\*

Multiple Sclerosis

Myasthenia Gravis\*

Parkinson's Disease

Seizure Activity

Spinal Cord Injury, Risk for Autonomic Dysreflexia

Transient Ischemic Attack/Carotid Endarterectomy

West Nile Virus\*

### **Section 6: Gastrointestinal and Digestive Care Plans**

Abdominal Surgery

Bowel Diversion Surgery: Colostomy, Ileostomy

Cholecystitis/Cholecystectomy

Cirrhosis

Colorectal Cancer

Enteral Tube Feeding

Gastrointestinal Bleeding

Hemorrhoids/Hemorrhoidectomy\*

Hepatitis

Inflammatory Bowel Disease

Obesity/Bariatric Surgery

Pancreatitis

Peptic Ulcer Disease **NEW!**

Total Parenteral Nutrition

### **Section 7: Musculoskeletal and Connective Tissue Care Plans**

Amputation

Arthroscopy

Fibromyalgia **NEW!**

Fractures: Extremity and Pelvic

Joint Replacement: Total Hip, Knee, Shoulder

Osteoarthritis

Osteomyelitis

Osteoporosis

Rheumatoid Arthritis

Systemic Lupus Erythematosus

Traction\*

## **Section 8: Hematolymphatic, Immunologic, and Oncologic Care Plans**

Anemia

Blood Component Therapy\*

Cancer Chemotherapy

Cancer Radiation Therapy

Central Venous Access Devices\*

Disseminated Intravascular Coagulation (DIC)

Hematopoietic Stem Cell Collection\*

Hematopoietic Stem Cell Transplantation (HSCT)

Hemophilia\*

Human Immunodeficiency Virus (HIV)

Leukemia

Lymphoma: Hodgkin's Disease; Non-Hodgkin's Lymphoma

Multiple Myeloma

Neutropenia

Organ Transplant, Solid **NEW!**

Sickle Cell Disease

## **Section 9: Renal and Urinary Tract Care Plans**

Acute Renal Failure

Glomerulonephritis

Hemodialysis **NEW!**

Peritoneal Dialysis

Renal Calculi

Renal Failure, Chronic /End-Stage Renal Disease

Urinary Diversion

Urinary Tract Infection

## **Section 10: Men's Health Care Plans**

Benign Prostatic Hyperplasia (BPH)

Erectile Dysfunction (ED)\*

Prostate Cancer

Sexually Transmitted Infections (STIs)

Testicular Cancer

### **Section 11: Women's Health Care Plans**

Breast Cancer

Breast Reduction **NEW!**

Cervical Cancer

Hysterectomy

Menopause

Ovarian Cancer

Pelvic Inflammatory Disease (PID)

Pelvic Relaxation Disorder **NEW!**

Premenstrual Syndrome (PMS)\*

### **Section 12: Endocrine and Metabolic Care Plans**

Adrenal Insufficiency (Addison's Disease)\*

Cushing's Syndrome

Diabetes Mellitus

Diabetic Ketoacidosis (DKA) and Hyperglycemic Hyperosmolar Nonketotic Syndrome (HHNS)\*

Diabetes Insipidus\*

Hyperthyroidism **NEW!**

Hypothyroidism

Syndrome of Inappropriate Antidiuretic Hormone (SIADH)\*

Thyroidectomy

### **Section 13: Integumentary Care Plans**

Burns

Dermatitis\*

Plastic Surgery for Wound Closure\*

Pressure Ulcers

Psoriasis **NEW!**

Shingles

Skin Cancer

### **Section 14: Psychosocial Care Plans**

Affective Disorders: Depression and Bipolar Disorder\*

Anorexia Nervosa\*

Bulimia\*

Death and Dying: End-of-Life Issues

Substance Abuse and Dependence

Suicide\*

*\*Provided on the companion Evolve website.*