Table of Contents

Part I. Setting the Context of Theories of Aging
Chapter 1: Theorizing about Age and Aging
Chapter 2: A Metahistorical Perspective on Theories of Aging
Chapter 3: An Evolutionary Theory of Human Lifespan: Embodied Capital and the Human Adaptive Complex

Part II. Theorizing Aging across Disciplines
Chapter 4: Biodemography and Aging across Disciplines
Chapter 5: Problematic Foundations: Theorizing Time, Age and Aging
Chapter 6: Deriving a Sense of Meaning in Late Life: An Overlooked Forum for the Development of Interdisciplinary Theory
Chapter 7: Understanding Healthy Aging: Key Components and their Integration

Part III: Biological Theories of Aging
Chapter 8: Making Sense of Biological Theories of Aging
Chapter 9: The Immunological Theory of Aging Revisited
Chapter 10: Modalities of Gene Action Predicted by the Classical Evolutionary Theory of Aging
Chapter 11: A Model System Approach to the Neurobiology of Learning, Memory, and Aging
Chapter 12: Programmed Longevity and Programmed Aging Theories
Chapter 13: Free Radicals & Oxidative Stress in Aging

Part IV: Psychological Theories of Aging
Chapter 14: Convoys of Social Relations: An Interdisciplinary Approach
Chapter 15: Building Theories of Social Context, Cognition, and Aging
Chapter 16: Dynamic Integration Theory: Emotion, Cognition, and Equilibrium in Later Life
Chapter 17: Theories of Cognitive Plasticity: Naturally Occurring and Experimentally Induced
Chapter 18: Cognitive Control Theory of Aging and Emotional Well-Being

Part V. Social Science Perspectives on Theories of Aging
Chapter 19: Toward an Integrative Theory of Social Gerontology
Chapter 20: Towards a Phenomenology of Aging
Chapter 21: Theorizing the Life Course: New Twists in the Paths
Chapter 22: Cumulative Inequality Theory for Research on Aging and the Life Course
Chapter 23: Theorizing Lifestyle: Exploring Agency and Structure in the Life Course
Chapter 24: Theorizing the New Terrain of Old Age: Hallmarks, Freedoms, and Risks
Chapter 25: Theorizing Feminist Gerontology, Sexuality and Beyond: An Intersectional Approach
Chapter 26: Theorizing Across Cultures
Chapter 27: Out of the Arm Chair and off the Veranda: Anthropology, Experiences and Theories of Age
Chapter 28: Theorizing about Families and Aging from a Feminist Perspective

Part VI. Society, Public Policy and Theories of Aging
Chapter 29: From Industrialism to Institutionalism: Theoretical Accounts of Aging Policy Development in the United States
Chapter 30: The Political Economy Perspective of Aging
Chapter 31: Theory Informing Public Policy: The Life Course Perspective as a Policy Tool
Chapter 32: Aging and Social Policy: Theorizing the Social
Chapter 33: Reconstructing Theories of Aging: The Impact of Globalization on Critical Gerontology
Chapter 34: Aging Policy in the Welfare State: Theories and Realities

Part VII. Translating Theories of Aging
Chapter 35: Jurisprudential Gerontology: Theorizing the Relationship between Law and Aging
Chapter 36: Spirituality, Finitude and Theories of the Lifespan
Chapter 37: A Good Old Age: Theories of Mental Health and Aging
Chapter 38: Translational Theory: Applying Life Span Theories to Psychotherapy
Chapter 39: The Construction of Knowledge: A New Gerontological Paradigm

Part VIII. The Future of Theories of Aging
Chapter 40: The Future of Theories of Aging
Index