Table of Contents

TABLE OF CONTENTS

Contributors

Introduction: Putting Shame in Context
Ronda L. Dearing and June Price Tangney

I. Shame From Multiple Therapeutic Perspectives

1. The Psychodynamics of Shame
Andrew P. Morrison

2. The Inner World of Shaming and Ashamed: An Object Relations Perspective and Therapeutic Approach
Michael Stadter

3. Emotion-Focused Therapy and Shame
Leslie S. Greenberg and Shigeru Iwakabe

Kelly Koerner, Mavis Tsai, and Elizabeth Simpson

5. Shame and the Paradox of Group Therapy
Elizabeth L. Shapiro and Theodore A. Powers

Edward Teyber, Faith H. McClure, and Robert Weathers

7. Shame in Couple Therapy: Helping to Heal the Intimacy Bond
Norman B. Epstein and Mariana K. Falconier

8. Therapy With Refugees and Other Immigrants Experiencing Shame: A Multicultural Perspective
Emi Furukowa and Dennis J. Hunt

II. Challenging Problems in Therapy: Shame-Based Clinical Disorders

9. Therapy With Shame-Prone Alcoholic and Drug-Dependent Clients
Ronald T. Potter-Efron

10. The Role of Shame in the Development and Treatment of Borderline Personality Disorder
Shireen L. Rizvi, Milton Z. Brown, Martin Bohus, and Marsha M. Linehan

11. Posttraumatic Stress Disorder as a Shame Disorder
Judith Lewis Herman

Jennifer L. Sanftner and Mary Tantillo

III. Shame in the Other Chair

13. Therapist Shame: Implications for Therapy and Supervision
Nicholas Ladany, Rebecca Klinger, and Lauren Kulp

IV. Shame-Focused Strategies

14. Shame in Psychotherapy and the Role of Compassion Focused Therapy
Paul Gilbert

15. Connections: A 12-Session Psychoeducational Shame Resilience Curriculum
Bren? Brown, Virginia Rondero Hernandez, and Yolanda Villarreal

V. Shame: Future Directions

16. Working With Shame in the Therapy Hour: Summary and Integration
June Price Tangney and Ronda L. Dearing

Index