Question 1 A 46-Year-Old African American Man Who Has No Alarm Features or Symptoms Requests a Screening Colonoscopy. Is This Appropriate?

Jason Taylor, MD; and Philip Schoenfeld, MD, MSED, MSc (Epi)

Question 2 What Pathologic Analysis Do I Need to Pursue in a 38-Year-Old Man With Cecal Cancer Whose Family History Is Suspicious for Hereditary Nonpolyposis Colon Cancer?

B. Joe Elmunzer, MD; and Philip Schoenfeld, MD, MSED, MSc (Epi)

Question 3 How Do You Respond to Patients Wanting to Take Aspirin, Calcium, or Other Medications as Prophylaxis for Colorectal Cancer? Is There Any Evidence That They Work?

Amit Singal, MD, and Philip Schoenfeld, MD, MSED, MSc (Epi)

Question 4 My Patient Had a 3-cm, Sessile Tubulovillous Adenoma on the Sigmoid That I Removed Piecemeal. The Pathology Lab Can’t Verify Clear Margin. What Should I Recommend to the Patient?

Brennan Spiegel, MD, MSHS, and Inder Singh, MD

Question 5 The Board of Directors of My Hospital Wants to Know the Current Colorectal Cancer Screening Options and Will Go With Whatever I Recommend. What Does the Evidence Say Is the Best Colorectal Cancer Screening Regimen?

Brennan Spiegel, MD, MSHS, and Inder Singh, MD

Question 6 My Patient Had a 13-mm Tubular Adenoma Removed From Her Colon. What Kind of Surveillance Do I Need To Recommend? Would It Change Things If She Were 80 Years Old Without Co-Morbidities?

Brooks D. Cash, MD, FACP, FACG

Question 7 I Have a Patient Whose Brother, Mother, and Maternal Uncle All Had Colon Cancer Diagnosed Before the Age of 45. Does My Patient Have Hereditary Nonpolyposis Colorectal Cancer Syndrome, and, if He Does, What Should I Advise?

Brooks D. Cash, MD, FACP, FACG

Question 8 What Do I Need to Tell My Inflammatory Bowel Disease Patients About Their Risk for Colon Cancer and How Should I Perform Surveillance Colonoscopy in These Patients?

Francis A. Farraye, MD, MSc

Question 9 What Do I Tell the Surgeons Who Insist on Annual Colonoscopies for Patients With Cured Colon Cancer, Even for Those 5 to 10 Years Past Therapy?

Brooks D. Cash, MD, FACP, FACG

Question 10 The Pathologists Keep Sending Me Reports About Serrated Adenomas. What Is a Serrated Adenoma and What Do I Tell My Patients in Terms of Follow-up?

Christopher S. Huang, MD; Francis A. Farraye, MD, MSc, and Michael J. O’Brien, MD, MPH

Question 11 My Patient Was Found to Have About 50 Hyperplastic Polyps Ranging From 5 to 15 mm. What Condition Do I Need to Think About and How Should I Manage This Patient?

Christopher S. Huang, MD; Francis A. Farraye, MD, MSc; and Michael J. O’Brien, MD, MPH
SECTION II: CONSTIPATION

Question 12 What Should I Suspect When I See Melanosis Coli and What Is Its Clinical Relevance?
Erica Roberson, MD, and Arnold Wald, MD

Question 13 What Should Be the Sequence of Investigations for a Patient Who Is Being Considered for Colectomy Due to Chronic Constipation?
Erica Roberson, MD, and Arnold Wald, MD

Question 14 What Do I Tell My Primary Care Colleagues About Chronic Constipation and the Risk of Colorectal Cancer?
Erica Roberson, MD, and Arnold Wald, MD

Question 15 What Diagnostic Tests Are Recommended for the Evaluation of Chronic Constipation and What Is Their Yield?
Erica Roberson, MD, and Arnold Wald, MD

Question 16 How Efficacious Are the Therapies for Chronic Constipation? I Have Heard About Several New Drugs for Constipation—Have They Been Shown to Be Cost Effective?
Erica Roberson, MD, and Arnold Wald, MD

Question 17 When Should a Patient Complaining of Chronic Constipation Be Sent for Anorectal Manometry?
Erica Roberson, MD, and Arnold Wald, MD

Question 18 A Patient Asks About Biofeedback Therapy for Her Constipation Symptoms and Wants to Know What Is Involved. What Do I Tell Her?
Erica Roberson, MD, and Arnold Wald, MD

Question 19 What Are the Emerging Therapeutic Agents for Constipation and How Do They Modulate Colonic Motility?
Brooks D. Cash, MD, FACP, FACC

Question 20 What Do I Tell My Colleagues Who Are Concerned About Neuropathic Changes From Laxative Use?
Richard Saad, MD

SECTION III: DIARRHEA

Question 21 What Colonic Infections Are Associated With AIDS?
Brian Mulhall, MD

Question 22 We See Many Patients With Bone Marrow Transplants. How Do We Recognize and Treat Graft-Versus-Host Disease in the Colon? How Do We Make Sure We Are Not Missing CMV Colitis?
Brian Mulhall, MD

Question 23 Many of My Patients Want To Go With Natural Therapies. Where Do Probiotics Fit in the Management of Irritable Bowel Syndrome?
Brooks D. Cash, MD, FACP, FACC

Question 24 What Is the Evidence for Antibiotics as a Therapy for Irritable Bowel Syndrome?
Brian Mulhall, MD

Question 25 A Patient in the Midst of an Inflammatory Bowel Disease Flare Also Was Positive for Clostridium difficile. How Often Does This Happen and What’s the Best Way to Manage This Scenario?
Brian Mulhall, MD

Question 26 The Nursing Staff Doesn't Know What to Do for a 72-Hour Stool Collection as Part of a Diarrhea Workup. What Do I Need to Tell Them to Get the Answers I Need?
Brian Mulhall, MD

Question 27 I Want to Use Alosetron for a Woman With IBS-D. What Do I Need to Tell Her About the Risks and Outcomes Associated With Ischemic Colitis and This Medicine? What Is the Best Way to Document This Discussion?
Richard Saad, MD

Question 28 For Patients Who Report Persistent Diarrhea, What Is Considered Chronic, When Do I Need to Begin a Workup, and What Does That Workup Involve?
Richard Saad, MD

Question 29 My Patient With Collagenous Colitis Developed a Black Tongue With Bismuth. What Other Therapeutic Options Do I Have?
Richard Saad, MD

SECTION IV: PERIANAL DISORDERS

Question 30 What Are the Treatment Options for a Patient With Metastatic Colon
Cancer Who Has a Malignant Sigmoid Stricture?
Brooks D. Cash, MD, FACP, FACG

Question 31 What Should I Be Doing With My Patients Who Have Anal Fissures?
Brian E. Lacy, MD, PhD

Question 32 What Is Pruritus Ani and How Is It Managed?
Brian E. Lacy, MD, PhD

Question 33 What Is Proctalgia Fugax and How Is It Managed?
Brian E. Lacy, MD, PhD

Question 34 What Types of Procedures and Therapies Can I Use on Hemorrhoids
Before Sending a Patient to the Surgeon?
Brian E. Lacy, MD, PhD

Question 35 What Tips Can I Give My Surgical Colleagues Who Are Seeing Patients
With Pouchitis?
L. Campbell Levy, MD, and Corey A. Siegel, MD

Question 36 A 74-Year-Old Man Who Is Status Post External Radiation Therapy
for Prostate Cancer Now Presents With Hematochezia. What Should
I Do Next? Can I Keep This From Recurring?
Brian E. Lacy, MD, PhD

Question 37 What Should Be the Sequence of Investigations for a Patient With
Rectal Adenocarcinoma?
Brian E. Lacy, MD, PhD

Question 38 What Is Solitary Rectal Ulcer Syndrome?
Brian E. Lacy, MD, PhD

Question 39 What Is Rectal Prolapse?
Brian E. Lacy, MD, PhD

SECTION V: COLON POTPOURRI

Question 40 The Emergency Room Is Calling About a Patient With Pneumatosis Coli. What Do I Need To Do?
Inku Hwang, MD

Question 41 What Is the Appropriate Evaluation for Fecal Incontinence?
Inku Hwang, MD

Question 42 The Admitting Housestaff Can't Figure Out Where to Admit Patients
With Diverticulitis. What Can I Tell Them About This Condition?
Inku Hwang, MD

Question 43 What Should Be my Response to Patients Who Ask About Antibiotic
Prophylaxis for Their Colonoscopies? If They Are Persistent, and Do Not
Have an Indication, Is it OK to Acquiesce?
Inku Hwang, MD

Question 44 The Diabetes Clinic Wants a Lecture on the Effects of Diabetes on Colonic Motility. What Can I Tell Them in 5 Minutes or Less?
Inku Hwang, MD

Question 45 What Are the Adverse Effects of Nonsteroidal Anti-Inflammatory Drugs
on the Colon and How Can They Be Mitigated?
Scott L. Itzkowitz, DO, FACP

Question 46 When Do I Need to Refer a Patient With Diverticular Bleeding for a Colectomy and What Tests Should Be Done Before This Happens?
Scott L. Itzkowitz, DO, FACP

Question 47 What Do I Tell a Patient Who I Just Diagnosed With Stage IIB Colon Cancer Regarding Treatment and Prognosis?
Scott L. Itzkowitz, DO, FACP

Question 48 The Ward Team Has a Patient With a Distended Abdomen and Increasing Gas-Filled Loops of Bowel on X-Ray. How Can I Help Them Recognize and Treat Colonic Pseudo-Obstruction (Ogilvie’s Syndrome)?
Scott L. Itzkowitz, DO, FACP

Question 49 What Are the Various Manifestations of E. coli Infection of the Colon and How Should It Be Treated?
Scott L. Itzkowitz, DO, FACP

Index