Table of Contents

Introduction to the core competencies in psychotherapy series
Introduction
  * Brett N. Steenbarger, Roger P. Greenberg, Mantosh J. Dewan
Pt. I.  Six key brief psychotherapies
  Cognitive therapy: introduction to theory and practice
    * Judith S. Beck, Peter J. Bieling
  Brief behavior therapy
    * Elizabeth A. Hembree, Deborah Roth, Donald A. Bux, Jr., Edna B. Foa
  Solution-focused brief therapy: doing what works
    * Brett N. Steenbarger
  Brief interpersonal psychotherapy
    * Scott Stuart
  Time-limited dynamic psychotherapy: formulation and intervention
    * Hanna Levenson
  Brief couple therapy
    * Donald H. Baucom, Norman B. Epstein, Laura J. Sullivan
Pt. II.  Special topics
  Essential ingredients for successful psychotherapy: effect of common factors
    * Roger P. Greenberg
  Brief psychotherapy in a multicultural context
    * Ruben J. Echemendia, Joel Nunez
  Combining brief psychotherapy and medications
    * Mantosh J. Dewan
  Evaluating competence in brief psychotherapy
    * John Manring, Bernard Beitman, Mantosh J. Dewan
Pt. III.  Overview and synthesis
  Doing therapy, briefly: overview and synthesis
    * Brett N. Steenbarger, Roger P. Greenberg, Mantosh J. Dewan