Table of Contents

I. Principles and Practice of Evidence-Based Assessment
1. The Role of Assessment in Evidence-Based Practice, John Hunsley and Eric J. Mash
2. Evaluating the Psychometric Properties of Psychological Measures, Lindsay E. Ayearst and R. Michael Bagby
3. Brief Measures for Screening and Measuring Mental Health Outcomes, Lynn F. Bufka and Nicholas Camp
4. Structured and Semistructured Diagnostic Interviews, Laura J. Summerfeldt, Patricia H. Kloosterman, and Martin M. Antony

II. Approaches for Specific Psychological Problems
5. Panic Disorder and Agoraphobia, Sandra Baker Morissette, Stella Bitran, and David H. Barlow
6. Specific and Social Phobia, Randi E. McCabe, Andrea R. Ashbaugh, and Martin M. Antony
7. Generalized Anxiety Disorder, Laura Campbell-Sills and Timothy A. Brown
8. Obsessive-Compulsive Disorder, Steven Taylor, Jonathan S. Abramowitz, and Dean McKay
9. Exposure to Trauma in Adults, Maria Steenkamp, Carmen P. McLean, Kimberly A. Arditte, and Brett T. Litz
10. Depression, David J. A. Dozois and Keith S. Dobson
11. Obesity and Eating Disorders, Linda W. Craighead and Lisa Smith
12. Couple Distress, Brian V. Abbott and Douglas K. Snyder
14. Substance Use Disorders, Jalie A. Tucker, James G. Murphy, and Stefan G. Kertesz
15. Personality Disorders, Thomas A. Widiger and Jennifer Ruth Lowe
16. Impulse Control Disorders, David F. Tolin and Samantha Morrison
17. Insomnia, Jocée Savard, Marie-Hélène Savard, and Charles M. Morin