# Table of Contents

## I. Conceptual Foundations
1. Understanding Body Images: Historical and Contemporary Perspectives, Thomas F. Cash and Linda Smolak
2. Sociocultural Perspectives on Human Appearance and Body Image, Marika Tiggemann
3. Evolutionary Perspectives on Human Appearance and Body Image, Viren Swami
4. Genetic and Neuroscientific Perspectives on Body Image, Jessica Lynn Suisman and Kelly Lynn Klump
5. Cognitive-Behavioral Perspectives on Body Image, Thomas F. Cash
6. Feminist Perspectives on Body Image, Nita Mary McKinley
7. Positive Psychology Perspectives on Body Image, Tracy L. Tylka

## II. Developmental Perspectives and Influences
8. Body Image Development in Childhood, Linda Smolak
11. Body Image Development in Adulthood, Sarah Grogan
12. Media Influences on Body Image, Michael P. Levine and Kelsey Chapman
13. Interpersonal and Familial Influences on the Development of Body Image, Diane Carlson Jones
14. Sexual Abuse and Body Image, Linda Smolak

## III. Body Image Assessment
15. Crucial Considerations in the Assessment of Body Image, Thomas F. Cash
16. Body Image Assessment of Children, Andrew J. Hill
17. Perceptual Measures of Body Image for Adolescents and Adults, Rick M. Gardner
18. Attitudinal Assessment of Body Image for Adolescents and Adults, Jessie E. Menzel, Ross Krawczyk, and J. Kevin Thompson

## IV. Individual and Cultural Differences
19. Gender and Body Images, Sarah K. Murnen
20. Obesity and Body Image in Youth, Dianne Neumark-Sztainer
21. Obesity and Body Image in Adulthood, Janet D. Latner and Rebecca E. Wilson
22. Body Image and Muscularity, Donald R. McCreary
23. Body Image and Athleticism, Trent A. Petrie and Christy Greenleaf
24. Gay and Lesbian Body Images, Todd G. Morrison and Jessica M. McCutcheon
25. African American Body Images, Debra L. Franke and James P. Roehrig
27. Hispanic/Latino Body Images, Deborah Schooler and Lynda S. Lowry
28. Body Images in Non-Western Cultures, Eileen P. Anderson-Fye

## V. Body Image Dysfunctions and Disorders
30. Body Image and Social Functioning, Stacey Tantleff-Dunn and Danielle M. Lindner
31. Body Image and Sexual Functioning, Michael W. Wiederman
32. Body Image and Anorexia Nervosa, Sherrie Selwyn Delinsky
33. Body Image and Bulimia Nervosa, Janis H. Crowther and Nicole M. Williams
34. Body Image and Binge-Eating Disorder, Joshua J. Krabosky
35. Body Image and Body Dysmorphic Disorder, Katharine A. Phillips
36. Body Image and Appearance- and Performance-Enhancing Drug Use, Tom Hildebrandt and Justine Lai

VI. Body Image Issues in Medical Contexts
37. Body Image Issues in Dermatology, Andrew R. Thompson
38. Body Image Issues in Oncology, Craig A. White and Caroline Hood
39. Body Image Issues in Obstetrics and Gynecology, Helen Skouteris
40. Body Image Issues in Rheumatology, Meenakshi Jolly
41. Body Image Issues Associated with Burn Injuries, John W. Lawrence and James A. Fauerbach

VII. Changing the Body: Medical, Surgical, and Other Approaches
42. Weight Loss and Changes in Body Image, David B. Sarwer, Rebecca J. Dilks, and Jacqueline C. Spitzer
43. Exercise and Changes in Body Image, Kathleen A. Martin Ginis, and Rebecca L. Bassett
44. Body Art and Body Image, Leeana Kent
45. Cosmetic Surgery and Changes in Body Image, David B. Sarwer, Canice E. Crerand, and Leanne Magee
46. Body Image and Biomedical Interventions for Disfiguring Conditions, Diana Harcourt and Nichola Rumsey

VIII. Changing Body Images: Psychosocial Interventions for Treatment and Prevention
47. Cognitive-Behavioral Approaches to Body Image Change, Josée L. Jarry and Thomas F. Cash
48. Experiential Approaches to Body Image Change, Judith Ruskay Rabinor and Marion Bilich
49. School-Based Psychoeducational Approaches to Prevention, Jennifer A. O’Dea and Zali Yager
50. Computer-Based Approaches to Prevention, Hannah Weisman, Jakki Bailey, Andrew Winzelberg, and C. Barr Taylor
51. Ecological and Activism Approaches to Prevention, Niva Piran and Nina Mafrici
52. Public Policy Approaches to Prevention, Susan J. Paxton

IX. Conclusions and Directions
53. Future Challenges for Body Image Science, Practice, and Prevention, Linda Smolak and Thomas F. Cash