Table of Contents

Foreword - Alvin Curling
Introduction - Roy Moodley, Aanchal Rai and Waseem Alladin

PART ONE: BUILDING MULTIPLE CULTURAL BRIDGES
Building Multicultural Counselling Bridges: The Holy Grail or a Poisoned Chalice - Pittu Laungani
The Reciprocal Gaze: Pittu Laungani's Musings about Culture and Stress - Amrita Narayanan
Traditional Healing and Spirituality - Pittu Laungani
Building Bridges in Counselling - Roy Moodley
Dancing with the Master: An Interview with Pittu Laungani - Lana Stermac

PART TWO: PLAYING AMONGST THE PILLARS OF EAST-WEST PSYCHOLOGY
Cross-Cultural Psychology: A Handmaiden to Mainstream Western Psychology - Pittu Laungani
Unresolved Issues in Philosophy and Psychology: Implications for Therapy - Pittu Laungani
Playing amidst the Pillars: Pittu Laungani and Yogic Psychology - Amrita Narayanan
South Asian Traditional Healing in Counselling: Laungani's Search for a Transcultural Approach - Aanchal Rai and Roy Moodley
East-West Journey in Counselling Psychology: An Interview with Pittu Laungani - Roy Moodley
Transcending the Boundaries of Counselling: Pittu Laungani as Master Counsellor - Juris G Draguns
Caste, Class and Culture: A Case Study - Pittu Laungani
Pittu Laungani a Bicultural Psychologist: Commentary on 'Caste, Class and Culture' - Alan Roland
Solitude of Unbearable Shame: An Analysis of Two Case Studies by Pittu Laungani - Sabar Rustomjee
Becoming a Cultural Chameleon: Pittu Laungani, Western Counsellors and Multicultural Clients - William West

PART FOUR: MULTICULTURAL TRANSITIONS AND THERAPEUTIC RELATIONSHIPS
Counselling and Therapy in a Multicultural Setting - Pittu Laungani
Migration, Cultural Values and the Medical Model: Pittu Laungani and Psychotherapy - Ruth M Lijtmaer
Tortoises and Turtles: Pittu Laungani, Cultural Transitions and Therapeutic Relations - Fevronia Christodoulidi and Colin Lago
Transcending East/West Boundaries: Pittu Laungani and Cross-Cultural Counselling - Maya Hammer and Waseem Alladin
Pittu Laungani, Multicultural Humanism and Electric Psychotherapy - Sandra E S Neil
Religious Rites and Rituals in Death and Bereavement: An Indian Experience - Pittu Laungani

PART FIVE: PERSONAL REFLECTIONS OF FRIENDS AND COLLEAGUES
Antoinette Thomas
Ann Laungani
Stephen Palmer
Waseem Alladin
Uwe P Gielen
Richard De Zoysa
Nicolo Pipitone